



## Play & Youth News

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**Welcome to North Nottingham Play & Youth News!**

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### **Quality cushions stitched up in local youth club !!!!**

Local young people sew their own designer cushions!

The young people in the Riverside Youth Club requested to do some fun art projects as part of their youth sessions, so looking in the cupboard at what resources we had, discovered materials to make cushions complete with covers and stuffing.

The young people looked at designs from google images and pinterest before choosing their own unique styled cushion to decorate and stitch together. They worked together to help each other come up with designs and

ideas, using materials such as felt, faux fur and tie dye, and had fun cutting and stitching their own cushions. They learned new skills such as how to set up and thread a sewing machine, different stitching styles they can use and hand sewing work. They also used fabric glue, and wonder web to fix items to their cushions.

The young people worked on these for 4 weeks, and some fantastic cushions were made. They were able to take these home to show parents, and use as a cushion in their rooms.

The young people were so enthusiastic, they would like to do more of the same, looking at different sewing projects and ideas that could enhance their sewing skills and machine work.

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## Young people "Have Their Say"

At the Riverside Youth Centre, young people took part in the Active Participation Project. The aim of the project was to gather information from the young people about their local Community. For them to take an active part by voicing their opinions and sharing their views about what they liked & would change in their community.

Local Councillors and Area Wards Maps were also introduced to the young people via booklets, poster & conversations with staff. This was to inform the young people of who was responsible for the area they lived in and who

they could contact with any queries they may have or want to share their views with.

During the project staff went out into the community with young people to help gather photographs to show their opinions & views, young people also took their own pictures in their own time and shared them with staff.

As a result of all the information gathered an amazing display board, a 3D model of Bulwell Bogs and a canvas using spray painting art were created.

The project was a success. Young people shared so much information with staff, giving staff an understanding of what young people really thought about their community & how changes could be made to make their community a better place for them in the future.

Many young people took part in the Active Participation Project. The end result was very carefully created using different designs to show opinions & views. **Well done** to all who participated. I thoroughly enjoyed my part in delivering this project.



## National Play Day at Bulwell Hall Park!

Children and young people come together to celebrate National Play Day!

Children and young people joined together for a day of fun filled and exciting activities to celebrate National Playday on Bulwell Hall Park. The theme this year was different play types.

Children got lots of enjoyment out of the play type 'Recapulative'. They made their own musical instruments such as drums, shakers

and guitars. Not bad out of paper cups, balloons and rice!

The play type 'Creative' was used to make sparkly badges using the badge machine and lots of glitter! The badge machine was so popular with lots of children and young people making badges for members of their families.

'Mastery' play was used to build dens out of cardboard. Fantastic things such as a castle and maze



were also made just out of cardboard boxes!

'Physical' and 'Loco-motor' play was used when children and young people came together to start a football match and divided themselves into teams. Once they had started playing, there was no stopping them and they played for a whole two hours!

An amazing day was had by everyone involved. It was really nice to see children and young people playing alongside their families and new children and young people also.

Children and young people enjoyed themselves so much that we have had some new members who came to National Playday come and join us at our Bulwell Riverside Club, fantastic!



### **Army life at Williams Olds**

The army infiltrated William Olds showing the young people a wide range of career opportunities on offer within the army. The young people worked as a team and took on leadership roles in group activities.

What night of excitement on the army taster event!

The young people engaged in a 45 minute show of Army life, learning all about what the army has to offer.

The young people were amazed at the variety of careers on offer in the army including; a doctor, nurse, chef, engineering and many more. As well as having the opportunity to travel around the world implementing their skills. We had a question and answer session followed by a 25 minute break for refreshment, cheese and crackers, followed by pizza, hot chocolate soft drinks.

The representatives from the armed forces finished off with a range of challenging team building activities for the young people.

The young people impressed both staff and the army with the way they worked together to tackle the team challenges. They worked well together and some took on leadership roles and took charge of the activities themselves. All young people participated including some young people who in the past have avoided taking part in group games. Both staff and the army were pleased with the young people's commitment and the level of maturity and behaviour.

We also received positive feedback from parents, who said that it was great to see the young people engaged in positive activities that enabled them to gain skills.

Staff would like to say well done to all the young members who had took part

Thanks to the Army Recruitment Office for a very different but exciting session for the young members to enjoy.



### **Euro 2016 comes to the Ridge**

Children learn about football and much more through 10 week project.

The European Cup in 2016 inspired lots of our members to want to learn more about football. Children from the play session approached staff with a request to train and set up a football team.

After getting the go ahead from senior manager's, staff at the Ridge together with young people planned a 10 week football programme.

As well as focusing on key football skills such as dribbling and penalties children were encouraged to think about and discuss health life style choices. This ranged from warming up and down before and after matches to the importance of exercise and diet. Children were encouraged to express their views and reflect on their practice through team talks.

What developed from the 10 week programme was a diverse football team including children from a range of ages, genders and ability.

The project culminated in a football match in Southglade Park for the Park Life event on 28th July. The Ridge Team play groups of other children at the Park Life event, encouraging them to learn skills and become members at the Ridge.

Following the project staff at the Ridge have observed improved behaviour in the children who took part both on and off the pitch. The feedback from parents and children about the project have been hugely positive.

'Its taught me so many things such as; discipline and team work' Oyin aged 10.

'We have had our own responsibilities like putting the kits in the wash and sorting the team' Makenzie and Lovett aged 10.

Some of the young people involved have gone on to play for local league teams. Staff are looking forward to developing the project to look at tactics!





## Families at the Manor

Families and staff from the Ridge and Leen Valley Play went to Drayton Manor for a day of fun and new experiences.

48 children and family members set out early on Wednesday 17 August for a day at Drayton Manor.

The weather was brilliant and there was loads on offer at the park from rollercoasters

to Thomas Land and a zoo. Parents, staff and children enjoyed spending the day together trying new experiences. For some it was their first time on a rollercoaster for others it was seeing a tiger. Other children enjoyed being, spun round, hung upside down and riding barrels. Parents and family members were happy to see the children enjoying themselves. Despite some long queues for the rides all enjoyed a family day out.

'I enjoyed the G force ride...I have never been to Drayton Manor before. I would come again ' Alyssa 17.

'I enjoyed my sons face when he came off the log flume' Parent.

'If I didn't come I would be sitting at home bored...I enjoyed the Rollercoaster and the Pirate Ship because it went up high' Ashamdro 7.



thanks for reading! Play & Youth News



**We hope you enjoyed reading Play & Youth News!**

To contribute or ask a question about this newsletter please contact:

North Nottingham - Jean Case [jean.case@nottinghamcity.gov.uk](mailto:jean.case@nottinghamcity.gov.uk)

Central Nottingham - Manjit Sahota [manjit.sahota@nottinghamcity.gov.uk](mailto:manjit.sahota@nottinghamcity.gov.uk)

South Nottingham - Jacquie Thomas [jacquie.thomas@nottinghamcity.gov.uk](mailto:jacquie.thomas@nottinghamcity.gov.uk)

